



206 Family Center Event 2017

Workshop Title: Engaging Families Experiencing Opioid Use, Addiction, and Recovery
Presenters: Patricia Gadsden

Summary:

During this two hour workshop, participants will receive information about indicators of opioid use and addiction. Participants will discuss and identify the impacts opioid use, addiction, and recovery have on the development of children and on a parent's ability to manage parenting and their household. Additionally, participants will create plans to engage in conversations and work with families experiencing opioid use, addiction, and recovery.

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Agenda for the 2 Hour Workshop – Engaging Families Experiencing Opioid Use, Addiction, and Recovery

Estimated Time	Content	Page
5 minutes	Section I: Welcome and Introduction	1
15 minutes	Section II: Culture of Addiction	1
25 minutes	Section III: Impacts of Addiction on Child Development	1
25 minutes	Section IV: Drug Use, Addiction, and Recovery	2
40 minutes	Section V: Supporting Recovery as Family Center Staff	2
10 minutes	Section VI: Summary and Evaluations	2

Section Name	Est. Time	Key Concepts	Resources Used
Section I: Welcome and Introductions	5 minutes	<p>Method: Trainer Lecture</p> <p>Do: Display Slide 1 prior to participants' arrival.</p> <p>Do: Display Slide #2. Review Learning Objectives and provide a rationale for the workshop.</p> <p>Refer to Handout #1 to inform participants that all of the content from PowerPoint presentation is included in the handout and they can use the handout to take notes throughout</p> <p>Remind participants that individuals will be joining via WebEx so they need to speak loudly when sharing so that everyone can participate. Encourage participants on WebEx to share their thoughts in the chat and address their comments as able.</p>	<ul style="list-style-type: none"> • Laptop • LCD Projector/Screen • Name Tents • Power Point CD • Sign-in sheet • Handout #1: PowerPoint • PowerPoint Slide #1 (Title Slide) • PowerPoint Slide #2 (Learning Objectives)
Section II: Culture of Addiction	15 minutes	<p>Method: Trainer Lecture</p> <p>Do: Display Slides #3-5</p> <p>Discuss the culture of addiction within the United States. Encourage participants to consider cases with which they have worked and engaged families with substance use, addiction, or recovery.</p> <p>Remind participants that addiction is not limited to certain races, ethnicities, or socio-economic statuses.</p>	<ul style="list-style-type: none"> • Handout #1: PowerPoint • PowerPoint Slide #3 (Our Culture of Addiction) • PowerPoint Slide #4 (Our Culture of Addiction cont.) • PowerPoint Slide #5 (Our Culture of Addiction cont.)

<p>Section III: Impacts of Addiction on Child Development</p>	<p>25 minutes</p>	<p>Method: Trainer Lecture Do: Display Slides #6-10</p> <p>Using the ACE tool, Handout #2, discuss the impacts that drug use can have on the development of children.</p> <p>Emphasize to participants that they play a role through their work in Family Centers to support children through trauma and identifying resources to support their well-being.</p> <p>Encourage participants to consider cases with which they have worked and the impacts they have seen drug use have on the development of children. Ask participants to share experiences if time allows</p>	<ul style="list-style-type: none"> • Handout #1: PowerPoint • Handout #2: ACE Score Questionnaire • PowerPoint Slide #6 (Adverse Childhood Experiences Study) • PowerPoint Slide #7 (Adverse Childhood Experiences) • PowerPoint Slide #8 (ACE Study Pyramid) • PowerPoint Slide #9 (Major Findings) • PowerPoint Slide #10 (ACEs and Children in Foster Care)
<p>Section IV: Drug Use, Addiction, and Recovery</p>	<p>25 minutes</p>	<p>Method: Trainer Lecture Do: Display Slides #11-26</p> <p>Do: Describe drug basics briefly, emphasizing the increase in opioid usages.</p> <p>In detail, discuss the addiction process and the impact of addiction on the family system. Emphasize the role of the parent and the impact that substance use and addiction has on parenting.</p> <p>Discuss with participants how they can observe signs of use and addiction within the family system. Allow participants to provide examples if time allows.</p>	<ul style="list-style-type: none"> • Handout #1: PowerPoint • PowerPoint Slide #11 (Drug Classifications) • PowerPoint Slide #12 (Methods of Drug Use) • PowerPoint Slide #13 (Statistics) • PowerPoint Slide #14 (Opioid Basics) • PowerPoint Slide #15 (Statistics) • PowerPoint Slide #16 (Opioid Basics cont.) • PowerPoint Slide #17 (Opioid Basics cont.) • PowerPoint Slide #18 (Opioid Basics cont.)

			<ul style="list-style-type: none"> • PowerPoint Slide #19 (Prescription Opioids) • PowerPoint Slide #20 (Prescription Opioids) • PowerPoint Slide #21 (Substance Abuse links) • PowerPoint Slide #22 (Stages of Addiction) • PowerPoint Slide #23 (Drug Effects) • PowerPoint Slide #24 (Consequences of Addiction) • PowerPoint Slide #25 (Seven signs of Drug Involvement) • PowerPoint Slide #26 (Characteristics of Families Affected by Substance Use)
<p>Section V: Supporting Recovery as Family Center Staff</p>	40 minutes	<p>Method: Trainer Lecture Do: Display Slides #27-37</p> <p>Do: Discuss in detail with participants the process of addressing addiction and the cycle of recovery and stages of change. Throughout the section, incorporate discussions around how to engage in conversations with families about topics of substance use, addiction, and recovery. Emphasize the role of the Family Center in the recovery process.</p> <p>Trainer Note: This section should take the majority of workshop time. Encourage participant sharing and brainstorming within this section. Participants will be</p>	<ul style="list-style-type: none"> • Handout #1: PowerPoint • Handout #3: Denial Patterns • Handout #4: Stages of Change • PowerPoint Slide #27 (Addressing Addiction) • PowerPoint Slide #28 (Definition of Denial) • PowerPoint Slide #29 (Identifying Denial Patterns) • PowerPoint Slide #30 (Principles of Effective Drug and Alcohol Treatment)

		attending via WebEx so be sure to incorporate their commentary into the conversation.	<ul style="list-style-type: none"> • PowerPoint Slide #31 (Principles of Effective Drug and Alcohol Treatment) • PowerPoint Slide #32 (Responding to the Heroin Epidemic) • PowerPoint Slide #33 (Making a Formal Referral) • PowerPoint Slide #34 (Stages of Change Model) • PowerPoint Slide #35 (Four Dimensions of the Recovery Process) • PowerPoint Slide #36 (Community Based Recovery Supports) • PowerPoint Slide #37 (Components of Recovery)
Section VI: Summary and Evaluations	10 minutes	<p>Method: Trainer Lecture</p> <p>Do: Refer participants to the evaluation. Follow evaluation protocol to allow participants to complete evaluations</p>	<ul style="list-style-type: none"> • PowerPoint Slide #38 (References) • Trainer Feedback • Trainer Evaluations

References

- Gorski, T.T. (2001, Summer). Denial management counseling. *Paradigm Magazine*, 6(3) and 5(2), 20-21 Retrieved November 14, 2005 from <https://terrygorski.com/2016/01/09/denial-management-counseling-dmc/>
- National Association of Children of Alcoholics. (2011). Celebrating Families. Retrieved from: <http://www.celebratingfamilies.net/curriculum.htm>
- National Survey on Drug Use and Health. (2013). *Heroin use is part of a larger substance abuse problem*. Retrieved from: <https://nsduhweb.rti.org/respweb/homepage.cfm##>
- Prochaska, J.O., & DiClemente, C.C. (1984). *The transtheoretical approach: Crossing traditional boundaries of therapy*. Homewood, Ill: Dow Jones-Irwin.
- Substance Abuse and Mental Health Services Administration. (2016). Opioids. Retrieved from: <https://www.samhsa.gov/atod/opioids>